



RICHMOND JETS MINOR HOCKEY ASSOCIATION

P.O. BOX 94488, RICHMOND, BRITISH COLUMBIA V6Y 2V6

Annual Director of Hockey Programming Report Richmond Jets Minor Hockey AGM – June 1, 2022

The past year has been a successful progression overall. We are moving in the right direction and striving towards our three-year goals.

Over the past year I have developed a 5-part coach development teaching series. This teaching series includes specific elements to the core of being a successful coach

1. Individual player development. Primarily targeting skating mechanics and fundamental puck skills.
2. Team Systems and concepts. Each series has a different element to teaching team structure
 - a. Defensive zone coverage
 - b. Attacking and Scoring
 - c. Breakouts
 - d. Forechecking
 - e. Special teams and face off plays
3. Personal player growth. Each unit has a new way that coaches can connect their team and grow the players as individuals.
 - a. Season Planning
 - b. Practice Planning
 - c. Goal Setting
 - d. Knowing yourself
 - e. Accountability
 - f. Community initiatives
 - g. Team building and bonding
 - h. Nutrition

This program was delivered to the coaches last season in person and over zoom. The goal is to increase the participation and excitement of the coach's next season. We have some action plans as to how we can encourage the coaches to attend the classes. We would also like to take steps next season with getting onto the ice with the coaches in a teaching environment. This will happen early in the season.



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As the season unfolded, I attended specific team practices to get on the ice with the players and coaches. I was able to give my feedback and assist in the skill development. Being on the ice with the teams is important in order for me to see the coaches interacting with their players and gauge the temperature of various groups. I spent most of my focus on teams that required the most immediate attention. In addition to working with the teams, we also coached skill sessions to help fill gaps in development sessions. Impact Hockey coaches delivered 5-6 skill development sessions each week.

The skills program is a valuable component to being a player in the Jets association. The Jets have an excellent group of talented coaches who are devoted to teaching and developing the players.

A goal for next season is to have skill development providers provide the head coaches with an overview for what skills will be targeted each month. Coaches will be provided drills to incorporate them into team practices. We would like to increase the connectivity of skill development sessions and team practices. It is important for all athletes to have consistent repetitions of mechanics; muscle memory is an essential to athletic growth.

In the off season the focus has been on building the coaching staffs for next season. We have secured an excellent assembly of coaches to become the leaders of the rep programs. The Jets have a great group of coaches who are allocated in age groups and divisions to succeed. We are happy with how the coach's staffs have been assembled.

The next steps are to grow and build the in-season coaches mentorship program, and to prepare for the preseason camps and rep evaluations.

The future of the Jets program is strong. We have made some great strides in the past 12 months.

Regards,

Tim Preston

RJMHA

Director of Hockey Programming